

CATAWBA VALLEY AQUATIC CLUB
TEAM RECORDS - LONG COURSE (METERS)

8 & UNDER GIRLS

| EVENT | TIME * | NAME | DATE | MEET |
|------------|------------|----------------------|---------|------------------------------|
| 50 FREE | 38.91 BB | LEAH CATHERINE WATTS | 6/8/03 | BUFFALO STAR ABC MEET 2003 |
| 100 FREE | 1:28.49 BB | LEAH CATHERINE WATTS | 7/20/03 | NCS JO QUALIFIER WEST 2003 |
| 200 FREE | 3:08.45 BB | LEAH CATHERINE WATTS | 7/20/03 | NCS JO QUALIFIER WEST 2003 |
| 400 FREE | 6:38.43 BB | LEAH CATHERINE WATTS | 7/20/03 | NCS JO QUALIFIER WEST 2003 |
| 50 BACK | 46.57 BB | KATIE HOYLE | 7/11/98 | WCSA CHAMPIONSHIPS 1998 |
| 100 BACK | 1:44.75 BB | KATIE HOYLE | 6/14/98 | SAVANNAH L/C OPEN 1998 |
| 50 BREAST | 52.60 BB | SARAH HAMILTON | 6/9/98 | WCSA LENOIR 1998 |
| 100 BREAST | 1:58.16 BB | KATIE CHOATE | 6/11/00 | ATLANTA INVITATIONAL 2000 |
| 50 FLY | 45.03 BB | MIKALAA MARTIN | 6/24/07 | NEW YORK SUMMER SIZZLER 2007 |
| 100 FLY | 1:59.03 B | NANAMI MIYAZAKI | 7/14/02 | NCS JO QUALIFIER WEST 2002 |
| 200 IM | 3:36.62 BB | LEAH CATHERINE WATTS | 7/20/03 | NCS JO QUALIFIER WEST 2003 |

8 & UNDER BOYS

| EVENT | TIME * | NAME | DATE | MEET |
|------------|------------|-----------------|---------|-------------------------------|
| 50 FREE | 37.23 BB | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |
| 100 FREE | 1:22.83 BB | JACOB HOYLE | 6/24/01 | ST. LOUIS SUMMER SIZZLER 2001 |
| 200 FREE | 3:08.12 BB | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |
| 400 FREE | 7:13.41 B | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |
| 50 BACK | 45.94 BB | KARL WOLD | 5/11/02 | BRSL A-MAY-ZING MEET 2002 |
| 100 BACK | 1:43.23 BB | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |
| 50 BREAST | 51.52 BB | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |
| 100 BREAST | 1:57.62 BB | BRANDON LINDLER | 7/20/03 | NCS JO QUALIFIER WEST 2003 |
| 50 FLY | 42.91 BB | JACOB HOYLE | 6/24/01 | ST. LOUIS SUMMER SIZZLER 2001 |
| 100 FLY | 1:52.21 BB | JACOB HOYLE | 6/24/01 | ST. LOUIS SUMMER SIZZLER 2001 |
| 200 IM | 3:37.56 BB | JACOB HOYLE | 7/15/01 | NCS JO QUALIFIER WEST 2001 |

* TIME STANDARD BASED ON "10 & UNDER" AGE GROUP

CATAWBA VALLEY AQUATIC CLUB
TEAM RECORDS - LONG COURSE (METERS)

10 & UNDER GIRLS

| EVENT | TIME | NAME | DATE | MEET |
|------------|-------------|----------------|---------|-------------------------------|
| 50 FREE | 34.02 AA | KATIE HOYLE | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 100 FREE | 1:13.07 AAA | KELLIE STAMEY | 6/24/07 | NEW YORK SUMMER SIZZLER 2007 |
| 200 FREE | 2:37.79 AAA | KELLIE STAMEY | 7/8/07 | SWIM LENOIR INVITATIONAL 2007 |
| 400 FREE | 5:28.93 AAA | KELLIE STAMEY | 7/6/07 | SWIM LENOIR INVITATIONAL 2007 |
| 50 BACK | 38.86 AAA | KATIE HOYLE | 8/5/00 | WCSA CHAMPIONSHIPS 2000 |
| 100 BACK | 1:23.44 AAA | KATIE HOYLE | 6/11/00 | ATLANTA INVITATIONAL 2000 |
| 50 BREAST | 44.64 AA | KELLIE STAMEY | 6/23/07 | NEW YORK SUMMER SIZZLER 2007 |
| 100 BREAST | 1:34.29 AAA | KELLIE STAMEY | 7/7/07 | SWIM LENOIR INVITATIONAL 2007 |
| 50 FLY | 37.69 AAA | SARAH HAMILTON | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 100 FLY | 1:27.63 AA | ERIN MORRIS | 5/8/99 | BRSL MOM 1999 |
| 200 IM | 2:55.51 AAA | KATIE HOYLE | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |

10 & UNDER BOYS

| EVENT | TIME | NAME | DATE | MEET |
|------------|------------|-----------------|---------|------------------------------|
| 50 FREE | 34.29 AA | JACOB HOYLE | 7/27/03 | NCS L/C JUNIOR OLYMPICS 2003 |
| 100 FREE | 1:17.21 A | COLE CHANCE | 7/30/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 200 FREE | 2:42.67 AA | JACOB HOYLE | 7/27/03 | NCS L/C JUNIOR OLYMPICS 2003 |
| 400 FREE | 5:42.25 AA | CRAIG WATTS | 5/11/02 | BRSL A-MAY-ZING MEET 2002 |
| 50 BACK | 40.08 AAA | GREGORY GREER | 6/9/98 | WCSA LENOIR 1998 |
| 100 BACK | 1:29.17 AA | GREGORY GREER | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 50 BREAST | 44.50 AA | THOMAS FASCIANO | 5/8/99 | BRSL MOM 1999 |
| 100 BREAST | 1:42.18 A | JOSEPH FASCIANO | 7/25/97 | NCS JO QUALIFIER WEST 1997 |
| 50 FLY | 37.32 AA | RICK SMITH | 7/28/01 | WCSA CHAMPIONSHIPS 2001 |
| 100 FLY | 1:32.59 A | JACOB HOYLE | 7/27/03 | NCS L/C JUNIOR OLYMPICS 2003 |
| 200 IM | 3:04.49 AA | COLE CHANCE | 7/30/04 | NCS L/C JUNIOR OLYMPICS 2004 |

CATAWBA VALLEY AQUATIC CLUB
TEAM RECORDS - LONG COURSE (METERS)

11 & 12 GIRLS

| EVENT | TIME | NAME | DATE | MEET |
|------------|--------------|----------------------|---------|--------------------------------|
| 50 FREE | 30.83 AAA | LEAH CATHERINE WATTS | 4/22/07 | BRSL VS ECSL 2007 |
| 100 FREE | 1:07.20 AAA | LEAH CATHERINE WATTS | 4/21/07 | BRSL VS ECSL 2007 |
| 200 FREE | 2:23.33 AAA | LEAH CATHERINE WATTS | 6/23/07 | NEW YORK SUMMER SIZZLER 2007 |
| 400 FREE | 5:04.87 AA | LEAH CATHERINE WATTS | 6/22/07 | NEW YORK SUMMER SIZZLER 2007 |
| 800 FREE | 10:42.60 AAA | KATIE HOYLE | 6/9/02 | USC L/C INVITATIONAL 2002 |
| 1500 FREE | 19:41.08 AAA | LEAH CATHERINE WATTS | 6/15/07 | BOB PRATT INVITATIONAL 2007 |
| 50 BACK | 36.04 AA | KATIE HOYLE | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 100 BACK | 1:16.64 AAA | KATIE HOYLE | 6/23/02 | INDIANAPOLIS INVITATIONAL 2002 |
| 200 BACK | 2:44.61 AAA | LEAH CATHERINE WATTS | 6/24/07 | NEW YORK SUMMER SIZZLER 2007 |
| 50 BREAST | 39.74 AA | SAMANTHA CHOATE | 7/22/01 | NCS L/C JUNIOR OLYMPICS 2001 |
| 100 BREAST | 1:24.82 AAA | KATIE HOYLE | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 200 BREAST | 3:12.47 AAA | KATIE HOYLE | 6/9/02 | USC L/C INVITATIONAL 2002 |
| 50 FLY | 33.18 AAA | CANDACE BIGLOW | 7/18/97 | WCSA CHAMPIONSHIPS 1997 |
| 100 FLY | 1:15.81 AAA | KATIE CHOATE | 5/8/04 | BRSL A-MAY-ZING MEET 2004 |
| 200 FLY | 2:59.37 A | LEAH CATHERINE WATTS | 6/16/07 | BOB PRATT INVITATIONAL 2007 |
| 200 IM | 2:38.95 AAA | KATIE HOYLE | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 400 IM | 5:40.05 NRT | KATIE HOYLE | 6/23/02 | INDIANAPOLIS INVITATIONAL 2002 |

11 & 12 BOYS

| EVENT | TIME | NAME | DATE | MEET |
|------------|--------------|-----------------|---------|------------------------------|
| 50 FREE | 27.84 NRT | KYLE EAKER | 5/8/99 | BRSL MOM 1999 |
| 100 FREE | 59.28 NRT | KYLE EAKER | 5/8/99 | BRSL MOM 1999 |
| 200 FREE | 2:16.45 AAAA | KYLE EAKER | 5/8/99 | BRSL MOM 1999 |
| 400 FREE | 4:55.67 AAA | RICK SMITH | 8/2/03 | USAS SOUTHERN ZONE 2003 |
| 800 FREE | 10:28.80 AAA | BRIAN YATES | 6/11/04 | MEMPHIS TERRI SAX 2004 |
| 1500 FREE | 21:48.07 A | CRAIG WATTS | 7/20/03 | NCS JO QUALIFIER WEST 2003 |
| 50 BACK | 34.74 AAA | RICK SMITH | 8/2/03 | SOUTHERN ZONE 2003 |
| 100 BACK | 1:13.88 AAA | KYLE EAKER | 5/8/99 | BRSL MOM 1999 |
| 200 BACK | 2:40.41 AAA | BRIAN YATES | 7/11/04 | LENOIR INVITATIONAL 2004 |
| 50 BREAST | 37.48 AAA | JOSEPH FASCIANO | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 100 BREAST | 1:22.78 AAA | JOSEPH FASCIANO | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 200 BREAST | 3:08.30 AA | THOMAS FASCIANO | 5/5/01 | BRSL SINK-O DE MAY-O 2001 |
| 50 FLY | 31.00 AAAA | KYLE EAKER | 5/30/99 | AGGIELAND OPEN 1999 |
| 100 FLY | 1:11.80 AAA | BRIAN YATES | 7/28/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 200 FLY | 2:42.56 AAA | BRIAN YATES | 7/10/04 | LENOIR INVITATIONAL 2004 |
| 200 IM | 2:35.65 AAAA | KYLE EAKER | 5/30/99 | AGGIELAND OPEN 1999 |
| 400 IM | 5:33.24 AAAA | BRIAN YATES | 7/9/04 | LENOIR INVITATIONAL 2004 |

CATAWBA VALLEY AQUATIC CLUB
TEAM RECORDS - LONG COURSE (METERS)

13 & 14 GIRLS

| EVENT | TIME | NAME | DATE | MEET |
|------------|-------------|----------------------|---------|---------------------------------|
| 50 FREE | 30.53 AA | MONIQUE HUYNH | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 100 FREE | 1:05.09 AAA | MONIQUE HUYNH | 5/5/01 | BRSL SINK-O DE MAY-O 2001 |
| 200 FREE | 2:19.88 AAA | CAROLE WILLIAMS | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 400 FREE | 4:57.24 AA | CAROLE WILLIAMS | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 800 FREE | 10:15.53 AA | LEAH CATHERINE WATTS | 7/28/07 | NCS 14-U L/C CHAMPIONSHIPS 2007 |
| 1500 FREE | 19:15.34 AA | KATIE HOYLE | 7/31/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 100 BACK | 1:14.62 AA | MONIQUE HUYNH | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 200 BACK | 2:39.78 AA | NANAMI MIYAZAKI | 7/28/07 | NCS 14-U L/C CHAMPIONSHIPS 2007 |
| 100 BREAST | 1:23.34 AA | KATIE CHOATE | 4/24/05 | BRSL VS ECSL 2005 |
| 200 BREAST | 2:58.22 AA | CANDACE BIGLOW | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 100 FLY | 1:10.70 AAA | CAROLE WILLIAMS | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 200 FLY | 2:31.00 AAA | CAROLE WILLIAMS | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 200 IM | 2:37.72 AAA | KATIE HOYLE | 7/31/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 400 IM | 5:32.26 AAA | CANDACE BIGLOW | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |

13 & 14 BOYS

| EVENT | TIME | NAME | DATE | MEET |
|------------|--------------|-------------------|---------|------------------------------|
| 50 FREE | 26.58 AAAA | KYLE EAKER | 7/2/00 | DADS A-PLUS 2000 |
| 100 FREE | 57.65 AAAA | KYLE EAKER | 7/2/00 | DADS A-PLUS 2000 |
| 200 FREE | 2:07.03 AAA | KYLE EAKER | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 400 FREE | 4:31.35 AAA | KEONA MILLHOLLAND | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 800 FREE | 9:24.10 AAA | KEONA MILLHOLLAND | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 1500 FREE | 18:00.17 AAA | KEONA MILLHOLLAND | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 100 BACK | 1:08.31 AAA | KYLE EAKER | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 200 BACK | 2:31.11 AA | BRIAN YATES | 7/31/05 | NCS L/C JUNIOR OLYMPICS 2005 |
| 100 BREAST | 1:15.93 AAA | THOMAS FASCIANO | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 200 BREAST | 2:43.74 AAA | THOMAS FASCIANO | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 100 FLY | 1:05.72 AAA | KYLE EAKER | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 200 FLY | 2:25.17 AAA | GOTA MIYAZAKI | 7/27/03 | NCS L/C JUNIOR OLYMPICS 2003 |
| 200 IM | 2:23.75 AAAA | KYLE EAKER | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 400 IM | 5:12.69 AAA | KYLE EAKER | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |

CATAWBA VALLEY AQUATIC CLUB
TEAM RECORDS - LONG COURSE (METERS)

15 AND OLDER WOMEN

| EVENT | TIME | NAME | DATE | MEET |
|------------|---------------|------------------|---------|-------------------------------|
| 50 FREE | 29.42 AAA** | KATE MATTHEWS | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 100 FREE | 1:03.47 AA** | MEREDITH McBRIDE | 8/5/06 | WCSA CHAMPIONSHIPS 2006 |
| 200 FREE | 2:17.37 AA* | MONIQUE HUYNH | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 400 FREE | 4:46.95 AA** | MELISSA SCHIFFEL | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 800 FREE | 9:45.23 AA** | MELISSA SCHIFFEL | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 1500 FREE | 18:54.16 AA** | MEREDITH McBRIDE | 7/31/05 | NCS L/C JUNIOR OLYMPICS 2005 |
| 100 BACK | 1:12.72 AA** | MELISSA SCHIFFEL | 7/17/96 | NCS L/C JUNIOR OLYMPICS 1996 |
| 200 BACK | 2:35.19 AA** | MONIQUE HUYNH | 7/31/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 100 BREAST | 1:20.10 AAA** | KATIE HUFF | 7/20/07 | NCS SENIOR CHAMPIONSHIPS 2007 |
| 200 BREAST | 3:02.43 A* | CANDACE BIGLOW | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 100 FLY | 1:08.21 AAA* | CAROLE WILLIAMS | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 200 FLY | 2:30.24 AAA* | CAROLE WILLIAMS | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 200 IM | 2:34.75 AAA** | MELISSA SCHIFFEL | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |
| 400 IM | 5:23.59 AAA** | MELISSA SCHIFFEL | 7/26/98 | NCS L/C JUNIOR OLYMPICS 1998 |

15 AND OLDER MEN

| EVENT | TIME | NAME | DATE | MEET |
|------------|--------------|-------------------|---------|--------------------------------|
| 50 FREE | 25.05 AAAA** | JASON MORETZ | 8/1/96 | JUNIOR LONG COURSE 1996 |
| 100 FREE | 53.32 AAAA** | JASON MORETZ | 8/1/96 | JUNIOR LONG COURSE 1996 |
| 200 FREE | 2:03.64 AAA* | KYLE EAKER | 7/22/01 | NCS L/C JUNIOR OLYMPICS 2001 |
| 400 FREE | 4:27.16 AAA* | KYLE EAKER | 7/21/02 | NCS L/C JUNIOR OLYMPICS 2002 |
| 800 FREE | 9:17.65 AA* | ALEC REITZEL | 7/21/06 | NCS L/C JUNIOR OLYMPICS 2006 |
| 1500 FREE | 17:46.98 AA* | KEONA MILLHOLLAND | 7/25/99 | NCS L/C JUNIOR OLYMPICS 1999 |
| 100 BACK | 1:05.68 AAA* | RICK SMITH | 8/4/07 | WCSA CHAMPIONSHIPS 2007 |
| 200 BACK | 2:26.69 AA* | KYLE EAKER | 6/23/02 | INDIANAPOLIS INVITATIONAL 2002 |
| 100 BREAST | 1:12.83 AAA* | KYLE EAKER | 7/27/02 | WCSA CHAMPIONSHIPS 2002 |
| 200 BREAST | 2:37.61 AAA* | THOMAS FASCIANO | 7/30/04 | NCS L/C JUNIOR OLYMPICS 2004 |
| 100 FLY | 59.24 AAA** | JASON MORETZ | 8/1/96 | JUNIOR LONG COURSE 1996 |
| 200 FLY | 2:22.18 AA** | JASON MORETZ | 6/27/97 | SUMMER SPLASH 1997 |
| 200 IM | 2:19.64 AAA* | KEONA MILLHOLLAND | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |
| 400 IM | 5:02.24 AA* | KEONA MILLHOLLAND | 7/30/00 | NCS L/C JUNIOR OLYMPICS 2000 |

* 15-16 AGE GROUP

** 17-18 AGE GROUP